

## PATIENT INSTRUCTIONS

The Biophysiology Center at Shady Grove Adventist Hospital

**Your physician has ordered the following tests for you at the Shady Grove Adventist Hospital:**

<b>Test Name</b>	<b>Anorectal Manometry, Electromyography (EMG) and Pudendal Nerve Testing</b>
Date / Time:	
Location:	<b>Shady Grove Adventist Hospital</b> 9901 Medical Center Drive, Rockville, MD 20850
Check in:	Operating Room (OR) Reception Area – 1st floor (phone 240-826-7321)
Instructions:	To prepare for this test you may eat normally. Please take two enemas two hours before the procedure. Please use the bathroom immediately prior to the procedure. No anesthesia is required and you do not need to be escorted home.

<b>Test Name</b>	<b>Defecography</b>
Location:	<b>Shady Grove Adventist Hospital</b> 9901 Medical Center Drive, Rockville, MD 20850
Call:	1) Montgomery Colorectal Surgery at 240-403-0415 to schedule an appointment. 2) Then call Centralized Scheduling 866-688-6819 from 8:00 AM– 4:30 PM Monday-Friday to pre-register.
Check in:	If Defecography <b>only</b> : Lab / Radiology - 2 <sup>nd</sup> floor, main hospital (phone 240-826-6075) If Defecography <b>and additional tests</b> : Operating Room (OR) Reception Area – 1 <sup>st</sup> floor (phone 240-826-7321)
Instructions:	To prepare for this test you may eat normally. Please take two enemas two hours before the procedure. Please use the bathroom immediately prior to the procedure. No anesthesia is required and you do not need to be escorted home.

<b>Test Name</b>	<b>Colonic Transit Study</b>
Call:	1) <b>Montgomery Colorectal Surgery</b> at 240-403-0415 to purchase and pick-up three Sitzmarker tablets (\$20.00). 2) <b>Shady Grove Adventist Hospital</b> through Centralized Scheduling at 866-688-6819 (or for those out of the area, any outpatient radiology center) to schedule a series of plain abdominal x-rays.
Instructions:	Take 1 tablet on the Saturday, Sunday and Monday <b>prior</b> to your scheduled abdominal x-rays. The series of abdominal x-rays should be scheduled for the Tuesday, Friday and the following Monday <b>after</b> the Sitzmarker tablets are taken. Please bring or have the XRAY Films sent to the physician who ordered the tests. <b>DO NOT TAKE</b> laxatives, enemas, or suppositories during the week this test is in progress.

<b>Test Name</b>	<b>Pelvic Magnetic Resonance Imaging (MRI)</b>
<b>Location:</b>	<b>Shady Grove Adventist Hospital</b> 9901 Medical Center Drive, Rockville, MD 20850
<b>Call:</b>	Call Centralized Scheduling 866-688-6819 from 8:00 AM– 4:30 PM Monday-Friday for your appointment.
<b>Instructions:</b>	To prepare for this test you may eat normally. Please take two enemas two hours before the scheduled MRI. Please use the bathroom immediately prior to the procedure. No anesthesia is required and you do not need to be escorted home. Please request that a CD ROM be sent to the physician who ordered the test.

<b>Test Name</b>	<b>Gastric Emptying Study</b>
<b>Location:</b>	<b>Shady Grove Adventist Hospital</b> 9901 Medical Center Drive, Rockville, MD 20850
<b>Call:</b>	Centralized Scheduling 866-688-6819 from 8:00 AM– 4:30 PM Monday-Friday for your appointment.
<b>Instructions:</b>	Please fast for four hours prior to this procedure. Please stop taking all proton pump inhibitor medicines (protonix, nexium, prilosec, prevacid) for two days prior to this procedure. Please advise if you are allergic to eggs. No anesthesia is required and you do not need to be escorted home. Please request that a written report be sent to the physician who ordered the test.